






# RESOURCES FOR PARENTING IN THE DIGITAL AGE







## BOOKS

-  Parenting in a Tech World: A Handbook for Raising Kids in the Digital Age  
**MATT MCKEE & TITANIA JORDAN**
-  Every Parent's Guide to Navigating Our Digital World  
**FULLER YOUTH INSTITUTE**
-  The Tech-Wise Family  
**ANDY CROUCH**
-  My Tech-Wise Life  
**AMY CROUCH & ANDY CROUCH**
-  Restless Devices: Rediscovering Personhood, Presence, and Place in the Digital Age  
**FELICIA WU SONG**



## PODCASTS












-  How to Parent in a World of Social Media  
**THE PARENT CUE LIVE**
-  How to Navigate Healthy Online Engagement  
**THE PARENT CUE LIVE**
-  Technology Through the Phases  
**THE PARENT CUE LIVE**

## ONLINE ARTICLES

-  5 Rules We Gave Our 13-year-old When She Joined Instagram  
**THE PARENT CUE LIVE**
-  Is My Kid Addicted to Technology?  
**THE PARENT CUE LIVE**
-  5 Ways to Use Technology to Connect with your Teen  
**THE PARENT CUE LIVE**
-  Five Boundaries to Put in Place for Your Kids' New Technology  
**THE PARENT CUE LIVE**
-  Guiding Children Resources  
**ONE HOPE**
-  Create a Technology Contract with Your Family  
**BARK**

## ADDITIONAL RESOURCES

-  Bark Phone & Services  
**BARK**
-  Parents' Ultimate Guide to Parental Controls  
**COMMON SENSE MEDIA**

-  Snapchat Parents Guide  
**SNAPCHAT FAMILY CENTER**
-  Discord Safety Center  
**DISCORD**
-  TikTok Guardian's Guide  
**TIKTOK**
-  Meta (Facebook & Instagram) Education Hub for Families  
**INSTAGRAM**
-  Screen Time  
**SCREEN TIME LABS**
-  unGlue  
**UNGLUE KIDS**
-  Qustodio  
**QUSTUDIO**
-  Canopy  
**CANOPY**
-  Net Nanny  
**NET NANNY**
-  Kaspersky Safe Kids  
**KASPERSKY**
-  Circle  
**MEET CIRCLE**

**\*\* THE VIEWS IN THESE RESOURCES MAY NOT NECESSARILY REFLECT THE VIEWS OF AACC.**